

Fulfillment/Shipping for Book & Supplement

Orders will be fulfilled within 24 hrs & they'll be shipped PRIORITY mail via USPS. Orders are due to arrive within 2-3 days. Due to the nature of this book, Phoenix felt it was important to ship it only via PRIORITY mail vs. media mail, as it was taking over 2 weeks—and that was simply too long to wait for such life-saving information! (Supplement will also be shipped PRIORITY.)

Paying by Check/Ordering by Mail

For those who don't feel comfortable shopping online, please feel free to send a personal check or money order for the full amount owed to:

Phoenix Gilman
Exacting Nutrition
1720 Mars Hill Road
Suite 144
Acworth, GA 30101

Checks/money orders made payable to:
Phoenix Gilman
(Please allow appropriate time for check to clear)

Cost per book: \$24.95
Plus, s/h @ \$5.97 = \$30.92 (Priority mail only/U.S. orders only)

*GA residents, please add \$1.49 (cents) for tax = \$32.41
(6% per total sales, minus s/h)

Cost per supplement: \$21.95
Plus, s/h @ \$5.97 = \$27.92 (Priority mail only/U.S. orders only)

*GA residents, please add \$1.31 (cents) for tax = \$29.23
(6% per total sales, minus s/h)

Combined Orders: 1 book & 1 supplement:
\$24.95 + \$21.95 + \$6.97 s/h = \$53.87
*GA residents, please add \$2.81 for tax = \$56.68
(6% per total sales, minus s/h)

For larger orders, please email the "SALES" department for s/h cost.

Retail Sales

Phoenix's book is available thru' all the major bookstores, plus 20,000 more. However, ordering thru' her Web site will get your book shipped a lot quicker—and it will also be personally autographed.

No matter how you decide to purchase it, thank you for your patience & support!